

SHORT BIO MARIE-CLAIRE HERMANS – ENERGY EXPERT

Energy

FOR EXPERTS

YOUR HEALTH IS YOUR BUSINESS



Marie-Claire started approaching self-care for experts as part of their business after she saw how their excuses are keeping them in their own way, slowing them down in their path to success.

She successfully teaches entrepreneurs who are feeling too exhausted to meet their vision of a successful business and ideal lifestyle, how to run their health like they run their businesses so that they can show up full of contagious energy and work and live to their full potential.

The programs she is offering include all of her life and personal experiences and skills: from optimizing energy, raising self-confidence to crush it on stage, to life-changing evolutions and business development.

Her exquisite signature style makes a plant powered lifestyle attractive and accessible for everyone, even the skeptics.

Marie-Claire lives in Belgium and is mother of two adult children. She's an all-round woman. Her career was very varied, from remedial pedagogics to designing and styling in fashion, writing as a free lancer for magazines.

Her passions are her loved ones, writing, jazz, her double bass, walking her talk, helping professionals become healthy leaders, food photography, designing, her garden, styling and re-styling her clients after weight loss, reading, studying, creating and a wide variety of interests from culture and architecture to fashion and haute-couture.

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