# INTRODUCING



## YOUR HEALTH IS YOUR BUSINESS







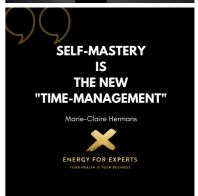








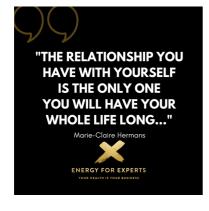
















# MARIE-CLAIRE HERMANS INSPIRATIONAL SPEAKER

It took the dynamic "always on fire" Marie-Claire not 1, not 2, but a killer cocktail of 6 diseases and 5 bedbound years to understand that it all starts right there: with "you," with energy and with good health. Without these fundamental ingredients, the quality of your confidence, business and life goes downhill.

After healing the last two "incurable" diseases by changing her diet, mindset and lifestyle, she knew that this was an exquisite opportunity to do something meaningful with her second chance in life. She started a new business in her fifties.

Since over 8 years, "Energy For Experts" is her inspiring and fatigue resolving answer to the growing need among busy, ambitious professionals to get the energy and confidence to lead from a **healthy** example, to attract their ideal clients **and** the life of their dreams.





### Marie-Claire As A Speaker

Marie-Claire is a high-energy, high-content speaker, leading & engaging her audiences with a dynamic mix of powerful stories, very practical how-to information delivered with an inspiring dose of new insights, mindset and motivation. She's the wakeup call that she wished she once had before she needed it.

She educates, trains, entertains and "seduces" experts around the world to run their health like they run their business. Talking the language that experts understand, she makes complete sense to what they ignore the most: their wellbeing.

"Your food & self-care is to your health what your marketing is to your business: when you stop marketing today, you have no clients next month. When you eat crap today, you're tired tomorrow."

Her contagious energy, upbeat spirit and no-nonsense approach will help you, your peer groups and clients to take charge of their wellbeing -despite being busy- so that they can gear up the quality of their productivity, success and life.



### Experts, Organizers & Corporations Hire Marie-Claire For...



- X Conferences
- **x** Seminars
- **x** Summits
- X Radio interviews and podcasts
- X TV shows and magazines
- X Mindset ateliers
- X Individual and group ateliers
- X Individual and group VIP Intensives
- **X** Group training for building high performance teams
- X One on one premium coaching

Start a conversation with Marie-Claire: +32 494 31 35 39 - marieclaire@energyforexperts.com



# WHY & WHEN MARIE-CLAIRE IS PERFECT FOR YOUR EVENTS

"In my eyes Marie-Claire is an extraordinary role model for the modern entrepreneur, balancing success and self-care in an encouraging way." Carolin Otzelberger - Die Möglichkeitsmacherin - Germany



- → Marie-Claire is one of only a handful of professional speakers whose business focusses solely on self-mastery and wellbeing as the foundation for a successful business.
- → You're looking for an energizing and straight forward speaker in the productivity space, delivering a completely different outlook on "time-management."
- → Marie-Claire is a leading authority on energy, confidence and a plant based diet. She's the media's go-to person on how to solve energy issues and has been featured on Belgian television and American radio.
- → She was on the cover of "Change", she's writing for several health magazines since almost 9 years, her articles have been featured worldwide.

# Marie-Claire is a great fit any time you hear yourself, team members or clients say...

- X "I'm still tired when I wake up."
- X "I'm too tired to take on new clients."
- X "I'm losing business because I can't do the work."
- X "I gave up trying to lose weight."
- **X** "I can't watch myself on videos or pictures anymore."





#### AUDIENCES WHO NEED NEW INSIGHTS ON ENERGY-MANAGEMENT & SELF-MASTERY

- X Ambitious entrepreneurs who ignore themselves on the road to success
- X Successful women entrepreneurs who want the confidence to be visible
- **X** Experts who don't have the energy to say yes to big opportunities
- X Companies who care for the wellbeing of their employees and business
- X Teams you would like to see perform better with more focus and energy

# SEMINARS, KEYNOTES & ATELIERS



The following topics are available in your available time frame - from 20 minutes to 2 days- for presentations, keynotes, online training and for ateliers/workshops.

Every audience is different, so we're happy to design or adjust the topic and content to meet your ideal outcome.

Let's discuss their specific challenges and knowledge gaps, and I'll help you choose the right training program or speaking topic.

All keynotes, trainings and programs are available in Dutch and English.

## SIGNATURE TALK & TOPICS

#### X Your Health Is Your Business

Your food is directly connected to your potential and success levels. Learn what mistakes are keeping you from working and living to your full potential and how to change that.

#### **X** Run Your Health Like You Run Your Business

What if you could run your health like a boss? Proven set-it-and-forget-it-systems will make it easier for you to make healthy choices, even in non-ideal circumstances and while traveling.

#### **X** Energy-Management As The New Time-Management

If you think you don't have "time," you may just not have enough energy to finish your projects in time. Replace time-management by energy-management & self-mastery and you have a winners strategy that makes you unstoppable.

#### "F"(orget) Perfection!

Most female high performers are living on the edge of stress, using meds & food as stress-management. Cause? The "perfection profile."

#### X Your Body Is Your Website

Rebranding your business is fun. But what's the use of creating a new website when you don't have the energy to deliver the promises? When was the last time you updated your own homepage?

## LET'S FIRE UP YOUR AUDIENCE!



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Phone USA Available from September 2018

Email marieclaire@energyforexperts.com

Website www.energyforexperts.com

Languages English, Dutch

#### SHORT BIO FOR PRINT

Marie-Claire started approaching self-care for experts as part of their business after she saw how their excuses were keeping them in their own way and slowing them down. She successfully teaches entrepreneurs, artists, speakers, coaches, leaders, influencers and mentors who are low on energy how to run their health like they run their businesses so that they can maximize their energy levels, lose excess pounds without dieting, work and live to their full potential.

The main tools she uses to deliver life-changing results fast are a living plant-based diet, a supportive success mindset and self-mastery.

Her exquisite signature style makes plant food attractive and accessible for everyone, even the busy skeptics. The coaching programs she is offering include all of her life and personal experiences and skills, from elevating energy to life-changing personal growth, mindset and business development.

Marie-Claire lives in Belgium, -is moving to New York shortly- mother of two adult children and just became a grandmother. She's an all-round woman. Her career was very varied, from remedial pedagogics to designing and styling in fashion, writing as a free lancer for magazines. She was a booking agent for world class jazz musicians and the European Coordinator of The Vanguard Jazz Orchestra for 11 years.

Her passions are her loved ones, jazz, her double bass, a living plant based lifestyle, creating healthy leaders, food photography, designing and creating, organizing, her botanical garden, styling and re-styling her clients after weight loss, writing, reading, studying, being a dedicated business woman.

Her wide variety of interests helped her shape a vivid personality it's fun to talk to about philosophy, arts, culture, haute-couture, business, architecture and anything that makes her curious.



### MARIE-CLAIRE HERMANS - ENERGY STRATEGIST FOR EXPERTS

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## LET'S FIRE UP YOUR AUDIENCE WITH COOL AWARENESS!

