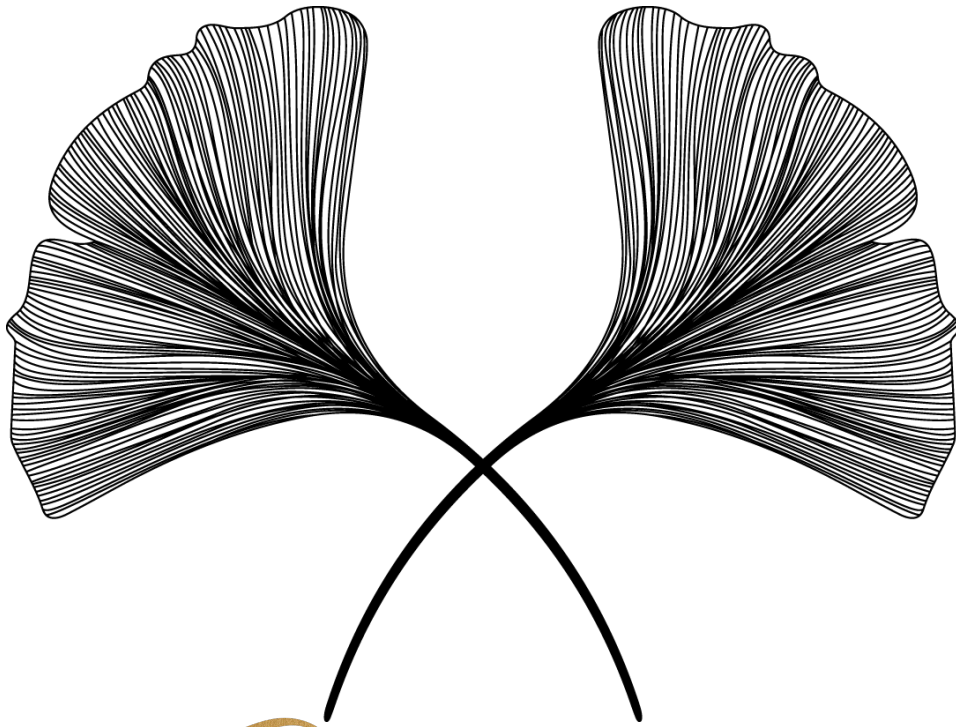


INTRODUCING



*Energy*  
FOR EXPERTS

YOUR HEALTH IS YOUR BUSINESS

MARIE-CLAIRE HERMANS

HIGH-ENERGY, HIGH-STYLE, HIGH-PERFORMANCE

# MARIE-CLAIRE HERMANS

## INTERNATIONAL SPEAKER

It took the dynamic "always on fire" Marie-Claire not 1, not 2, but a killer cocktail of 6 diseases and 5 bedbound years to understand that it all starts right there: with "you," with energy and with good health. Without these fundamental ingredients, the quality of your presence, style & success goes downhill.

After healing the last two "incurable" diseases by changing her diet, mindset and lifestyle, she knew that this was an exquisite opportunity to do something meaningful with her second chance in life. She started a new business in her fifties.

Since 2010, Marie-Claire's "Energy For Success" program continues to inspire and provide fatigue-solving solutions to busy, ambitious high performers. They explode their energy, create a presence that gets noticed and nail their signature style with a slim(mer) body. From there on, anything becomes possible...



### X Marie-Claire As A Speaker

Marie-Claire is a high-energy, high-value speaker, leading & engaging her audiences with a dynamic mix of powerful stories, very practical how-to information delivered with an inspiring dose of new insights, mindset and motivation. She's the wakeup call that she wished she once had before she needed it.

She educates, trains, entertains and "seduces" experts around the world to run their health like they run their business. Talking the language that ambitious entrepreneurs understand, she makes complete sense to what they ignore the most: their wellbeing.

"Your food & self-care is to your health what your marketing is to your business: when you stop marketing today, you have no clients next month. When you eat crap today, you feel tired tomorrow."

Her youthful energy and spirit, her no-nonsense approach will help you, your peer groups and clients to take charge of their wellbeing -despite being busy- so that they can gear up the quality of their productivity, success, relationships and life.

### X Experts, Organizers & Corporations Hire Marie-Claire For...



- X Conferences
- X Seminars
- X Summits
- X Radio interviews and podcasts
- X TV shows and magazines
- X Individual and group ateliers
- X Individual and group VIP Intensives
- X Group training for building high performance teams
- X One on one premium coaching

Start a conversation with Marie-Claire +1 646 639 5448 - [marieclaire@energyforexperts.com](mailto:marieclaire@energyforexperts.com)

# SEMINARS, KEYNOTES & ATELIERS



The following topics are available -from 20 minutes to 2 days- for presentations, keynotes, online training and for ateliers/workshops.

Every audience is different, so we're happy to design or adjust the topic and content to meet your ideal outcome.

Let's discuss their specific challenges and knowledge gaps, and I'll help you choose the right training program or speaking topic.

All keynotes, trainings and programs are available in Dutch and English.

## SIGNATURE TALK & TOPICS

### ✂ You can't talk clearly when you're full of shit.

Try to give your signature talk in flip flops, baggy sweatpants and a hangover from last night's anxiety attack and wonder... how many sales you will close. People can FEEL your energy BEFORE you even start talking. And when your energy is off, so are your performances and sales. The reality check for speakers and businesswomen who use speaking as a marketing tool.

### ✂ If It Ain't Broken... Break It!

If you're still wondering why you keep failing in your wellbeing as a busy high-achiever, it's probably because you keep trying the same things. What if you could look 10 years younger, feel as if you were in your twenties again, have the body you love by... doing what scares you but that changes your life?

### ✂ Make Your Body Fit Your Brand

Rebranding your business is fun. But what's the use of creating a new website when you don't have the energy to deliver the promise? Marie-Claire rebrands your body & business with the 4 S's of success!

### ✂ Your Health Is Your Little Black Dress... Wear It With Style!

Ever put on your little black dress to look like a million for an important event, but the next moment you couldn't zip it up and you felt so disappointed that all you wanted to do is cancel? If you want your presence to be noticed, hear how you can shift your priority to what makes every dream dress fit...

## LET'S FIRE UP YOUR AUDIENCE!

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Languages

English, Dutch, German, French

## BIO MARIE-CLAIRE HERMANS



Marie-Claire is an Energy & Presence Expert. Her superpower is helping ambitious high performing women and speakers explode their energy, charisma and style while having fun doing it!

Just 2 years ago, Marie-Claire moved from Belgium to New York with 2 suitcases and started a new life from scratch... at the age of 60!

Eleven years before that moment, she had just found the solution for extreme exhaustion and healed herself from Chronic Fatigue Syndrome and Fibromyalgia. She had been bed bound, paralyzed and dying slowly for 5 years from a killer cocktail of 6 diseases. She had lost her job, most of her friends, any perspective on having a future.

But she took her personal "ground zero" as an opportunity to do everything differently in her second life and went against the grain of all "wise" advices in her environment. She started studying again in her fifties, became a certified raw food coach and started a pioneer business as one of the first raw food coaches in Europe.

With her background in psychiatry, 20 years of expertise in fashion & styling, writing free lance for "Marie-Claire," working as a booking agent for 10 years for the Vanguard Jazz Orchestra, touring with world class jazz musicians all over Europe, she knew she had all the skills and insights to help high performers look and feel 20 years younger on the in AND outside.

Her first client was a Grammy winning jazz musician and producer who wanted to lose the "pot-belly" that had put him in a pre-diabetes stage, feeling exhausted and insecure during soloing on stage. He dropped 50 pounds in 6 months, balanced his blood sugar and thyroid levels back to normal and felt more alive than ever. To complete his transformation, she gave him a complete style make-over so that he could fully enjoy the results of his weight loss journey and play in front of any crowd with confidence.

From there on she knew that she wanted to work with the go-getters and influencers who take the (virtual) stages of this world to leverage the impact of her simple philosophy.

Since 10 years she leads successful business owners to a lifestyle that fit their favorite clothes, sparks their youthful energy and that supports their health for the long run of their ambitious career.

To learn more about her work and how she can help, visit [www.energyforexperts.com](http://www.energyforexperts.com).

## MARIE-CLAIRE HERMANS - ENERGY & PRESENCE EXPERT

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# YOUR HEALTH IS YOUR BUSINESS

*Keynotes*  
**Energy**  
FOR EXPERTS  
YOUR HEALTH IS YOUR BUSINESS

*If i had more Energy i would...*  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**"ENERGY & CONFIDENCE  
ARE YOUR MOST  
ESSENTIAL & EFFECTIVE  
MARKETING TOOLS!"**  
Marie-Claire Hermans  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**HOW YOU FEEL IS HOW  
You  
SHOW UP!**  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**FOOD IS NOT  
ABOUT FOOD**  
**IT'S ABOUT...**  
*emotions, stress, work, relationships, life itself*  
Marie-Claire Hermans  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**COOL FOOD  
MAKES YOU  
look hot!**  
MARIE-CLAIRE HERMANS  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

If you struggle with  
getting results, go back  
to the drawing board of  
your intentions...  
**YOUR MINDSET**  
MARIE-CLAIRE HERMANS  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**WHAT'S THE USE OF  
BUYING A NEXT PAIR OF  
SHOES WHEN YOU DON'T  
HAVE THE ENERGY TO  
Walk your talk?**  
MARIE-CLAIRE HERMANS  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**SELF-MASTERY  
IS  
THE NEW  
"TIME-MANAGEMENT"**  
Marie-Claire Hermans  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**HEALTH IS YOUR  
LITTLE BLACK DRESS**  
*Wear it with style!*  
MARIE-CLAIRE HERMANS  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

*No more  
Limits*  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**YOUR BODY  
IS  
YOUR  
Website!**  
MARIE-CLAIRE HERMANS  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**"THE RELATIONSHIP YOU  
HAVE WITH YOURSELF  
IS THE ONLY ONE  
YOU WILL HAVE YOUR  
WHOLE LIFE LONG..."**  
Marie-Claire Hermans  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

**HOW MUCH BUSINESS  
ARE YOU LOSING  
because you're tired?**  
MARIE-CLAIRE HERMANS  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS

*Change*  
**STARTS WITH  
one small step**  
**ENERGY FOR EXPERTS**  
YOUR HEALTH IS YOUR BUSINESS